



SEPTEMBER 2015

monthly & special events



Joslyn Adult Center

1301 West Olive, Burbank

818.238.5353

* See 'Best of Times' for more info

☑ Sign-up required

+ Additional fee required

1	TUE	9:00	a.m.	Blood Pressure Check	1st Tue
		10:00	a.m.	Braille Low Vision Rehabilitation Van -by appointment only ☑	
		12:30	p.m.	House Committee Meeting	1st Tue
		4:00	p.m.	Simple Wills/Financial POA assistance with Attorney Christopher Johnson ☑	1st Tue
2	WED	9:30	a.m.	Memory Class presented by "Tutor Doctor" Join us!	1st & 3rd Wed
		10:00	a.m.	HICAP Medicare Counseling ☑	1st & 2nd Wed
		12:30	p.m.	Rummy Tile ☑	1st Wed
		4:00	p.m.	Volunteer Fair ☑	Special *
		6:30	p.m.	Burbank Coin Group Meeting	1st Wed
3	THU	6:30	p.m.	Women & Changes Support Group ☑	1st & 3rd Thu
4	FRI	1:00	p.m.	Greeting Card Class ☑+	1st Fri
5	SAT	6:00	p.m.	See our Weekly Flyer for ongoing Saturday activities	
6	SUN	1:00	p.m.	Matinee Dance with Biba +	Every Sunday
7	MON			All Burbank Facilities closed for Labor Day	
8	TUE	9:00	a.m.	Braille Group resumes weekly meetings	Every Tuesday
9	WED	10:00	a.m.	Parkinson's Support Group with Speaker: Dennis Cante - Dance and Exercise	2nd Wed
		10:00	a.m.	HICAP Medicare Counseling ☑	1st & 2nd Wed
		2:00	p.m.	Health Lecture - "Muscles and Bones" ☑	
		12:00	noon	Warner Bros. Board Meeting	2nd Wed*
		6:00	p.m.	LARC Pistol & Rifle Group Meeting	2nd Wed
10	THU	10:00	a.m.	Bet Tzedek Legal Services ☑	2nd Thu
		10:00	a.m.	Thursday Book Group - "The Telling Room" by Michael Paterniti	2nd Thu
		6:00	p.m.	Burbank University Women	2nd Thu
11	FRI	9:00	a.m.	"Bobbin Winders" Quilting Group - 2-day workshop	2nd Fri-Sat
		12:30	p.m.	Life Care Planning - Healthcare Advance Directive assistance ☑	2nd Fri
		7:00	p.m.	Western Weavers' Square Dance +	2nd & 4th Fri
12	SAT	9:00	a.m.	See our Weekly Flyer for ongoing Saturday activities	
13	SUN	1:00	p.m.	Matinee Dance with Biba +	Every Sunday
14	MON	10:00	a.m.	Joslyn Piano Lounge with Terry (10:00-11:15 a.m.)	2nd Mon
		1:00	p.m.	Larry Gillespie and the Burbank Big Band rehearsal at Joslyn (1:00-3:00 p.m.)	2nd Mon

**REMEMBER TO
SCAN YOUR
BSAC CARD
BEFORE EACH
ACTIVITY!**

UPCOMING CLASSES

"Memory Class" Every 1st and 3rd Wednesday, from 9:30-10:30 a.m.

B & B Square Dance Class Held every Wednesday begins September 16 at

6:45 p.m. You are invited to the opening night of the beginner square dance class. Our motto is "FUN FITNESS and FRIENDSHIP!" They say one night of square dancing is as good as 3 miles of jogging. Cost is \$8 per person (\$6 with BSAC). +

Beginners Bridge Class

- Thursday, September 24, 9:00 a.m. This class is for those who are new to Bridge. \$20 (\$10 with BSAC) for 12-week course. ☑ +

Get Organized with Phyl Fletcher

- Tuesday, September 29, 11:15 a.m. \$10 (\$5 with BSAC) for 5-week course. ☑ +

Matter of Balance Class Monday, October 5, 9:30 a.m. 8 weeks. ☑

Diabetes Self Management Tuesday, October 6, 2:00 p.m. 6 week Workshop ☑ +

French Class - Le Cercle Francais

- Wednesday, October 28, 1:00 p.m. 4 weeks. Learn conversational French. ☑ +

SEMINARS

◆ **Health Lecture "**

Muscles and Bones"

Wednesday, September 9 @ 2:00 p.m. Speaker Charleen Gosling. ☑

◆ **"Natural Ways to Fix Irritable Bowel Problems"**

Wednesday September 16, 1:00 p.m. ☑

◆ **Smarter Senior Forum**

Monday, October 16,

NEW Poetry Group- Come meet our poet Minerva in this 4-week class starting

Thursday, September 17, 2:00 p.m. ☑

September Calendar, continued

15	TUE	10:00	a.m.	HICAP Medicare Counseling <input checked="" type="checkbox"/>	3rd & 4th Tues
		1:00	p.m.	Red Hat Society (Looking for new participants)	3rd Tues
16	WED	9:30	a.m.	Notary Service <input checked="" type="checkbox"/> +	
		9:30	a.m.	Memory Class presented by "Tutor Doctor" Join us!	1st & 3rd Wed
		1:00	p.m.	Natural Way to Fix Irritable Bowel Problems <input checked="" type="checkbox"/>	Special *
		6:45	p.m.	B & B Square Dance Class begins today <input checked="" type="checkbox"/>	Every Wed
17	THU	10:00	a.m.	Diabetes Management Support Group	3rd Thurs
		2:00	p.m.	Poetry Group - begins today NEW <input checked="" type="checkbox"/>	4 weeks
18	FRI			See our Weekly Flyer for ongoing Friday activities	
19	SAT			See our Weekly Flyer for ongoing Saturday activities	
20	SUN	12:30	p.m.	Matinee Dance with Biba +	Every Sunday
21	MON	9:00	a.m.	Joslyn Day Trip Registration (doors open at 8:00 a.m. and #'s given out)	quarterly
		11:00	a.m.	Keystone Group	1st & 3rd Mon
22	TUE	10:00	a.m.	HICAP Medicare Counseling <input checked="" type="checkbox"/>	3rd & 4th Tue
		2:00	p.m.	Benefits Enrollment Program <input checked="" type="checkbox"/>	4th Tue
		2:30	p.m.	Opera Group - Speaker: Larry Verdugo - Gianni Schicchi/Pagliacci	4th Tue
23	WED	9:00	a.m.	Hearing Screening & California Telephone Access Program <input checked="" type="checkbox"/>	4th Wed
		1:00	p.m.	Senior Board Meeting	4th Wed
		3:00	p.m.	Joslyn Jam Session - Come to join in or listen!	4th Wed
24	THU	9:00	a.m.	Beginner Bridge Class <input checked="" type="checkbox"/> +	12 Thursdays
25	FRI	9:00	a.m.	T-Shirt Painting Class <input checked="" type="checkbox"/> +	Last Fri
		10:00	a.m.	Valley Porcelain Artists Meeting	Last Fri
		1:00	p.m.	Classic Movies of the 50's and 60's - "The Razors Edge"	4th Fri
		7:00	p.m.	Western Weavers' Square Dance +	2nd & 4th Fri
26	SAT			See our Weekly Flyer for ongoing Saturday activities	
27	SUN	12:30	p.m.	Matinee Dance with Biba +	Every Sunday
28	MON			See our Weekly Flyer for ongoing Monday activities	
29	TUE	11:15	a.m.	Get Organized with Phyl Fletcher- begins today <input checked="" type="checkbox"/> +	4 weeks
		9:30	a.m.	Basic Computer Class <input checked="" type="checkbox"/> +	4 Tuesdays
30	WED	11:30	a.m.	Tom McNett Lockheed Retirement Group	Last Wed

* See 'Best of Times' for more info ☒ Sign-up required Fees are generally \$2/session - more if indicated by "+"



Joslyn Day Trip Registration

Pick up your brochure to find
out what is planned

for October, November and December 2015

Registration for Fall is
Monday, September 21

9:00 am (numbers given out at 8 am)

Pool Tournament Winners

1st Place: Dale Campbell

2nd Place: Pete Volpe

3rd Place : Loven "Leo" Avagyan Lavrenti

Socialize and make new friends!

Red Hat Society Every 3rd Tuesday,
1:30 p.m. This social group invites new
participants to join in the fun!

Classic Movies Every 4th Friday,
1:00 p.m. Enjoy movies of the 50's and
60's. An introduction and discussion to
follow.

"Rejuvenating Rhythms"

Percussion Group-Mondays, 4:00 pm.